

South Asian Diabetes Prevention Program- Lakshmi Narayan Mandir's
Announcement

This is a public announcement. There will be a DIABETES PREVENTION PROGRAM being held at the **Lakshmi Narayan Mandir**. The Early Detection Clinic will be held on **Sunday, August 30, 2015 from 2:00pm to 5:00pm.**

This is a **FREE** prevention program (from Flemingdon Health Centre) that will identify who is at risk of developing diabetes through the Early Detection Clinic where you do a risk assessment, body measurement and finger prick test all for **free!** This is a program especially for those Individuals that DON'T HAVE DIABETES and who do have diabetes. The program also raises awareness about pre- diabetes and diabetes, in the South Asian communities and this will be provided in Hindi. The program will also help with referrals especially those who are diabetic or any other referrals such as finding a doctor or other services.

Please sign up with Mr. Naval Grotra at the temple for the program or you can call Ammara at 416-629-2614